



# Inshore Power Skipper

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## 1. General requirements

<b>Experience required prior training:</b>	At least one cruise on a power yacht
<b>Certification required prior training:</b>	None
<b>Minimum age required:</b>	16 years old
<b>Suggested number of training hours:</b>	10 hours theory / one day practical
<b>Who can run the training:</b>	ISSA Instructor
<b>Who can do the examination:</b>	ISSA Instructor
<b>How to submit the application:</b>	To authorized ISSA school only

## 2. Skills and knowledge required for an Inshore Power Yacht Skipper

### Yacht's construction

- ✧ Knows the basic parts of yacht and what are they designed for:
  - Cockpit;
  - Bilge;
  - Heads;
  - Galley;
  - Bow;
  - Stern, aft, etc.
- ✧ Can operate elementary yacht's systems:
  - Toilet;
  - Gas oven;
  - Sink;
  - Shower;
- ✧ Can fill up the water and diesel tanks;
- ✧ Can operate the inboard engine;
  - Start it;
  - Switch it off;
  - Check operation of cooling system;
  - Check oil level;
  - Top up engine oil;
  - Check cooling fluid level;
  - Top up cooling fluid level;
  - Control the tension of V-belt on engine;
  - Find bottom valves;
  - Recognize the breakdown of impeller in cooling system and possibly replace it;
  - Check whether alternator is charging batteries when engine is working.
- ✧ Knows elementary equipment of yacht:
  - Echosounder (location, operation, typical errors);



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- Log;
- Steering system;

## Line and spring handling

- ✦ Can combine two lines of the same and different diameter;
- ✦ Can make:
  - Bowline;
  - Fast a line on a cleat;
  - Fishermen's bend;
  - Coil mooring lines;
- ✦ Can:
  - Pass, take, make fast on cleat, let go mooring lines;
  - Throw mooring lines;
  - Describe different ways of taking a mooring.

## Handling fenders.

- ✦ Can:
  - Fix the fenders using adequate knots;
  - Effectively apply the manouvring fender;

## Operating the anchor.

- ✦ Can:
  - Prepare the anchor for weighing (switches and controls);
  - Operate the windlass (control the letting out and pulling in of the chain);
  - Select safe location for staying at anchor;
  - Apply rules for safe anchoring (4xdepth, anchor alarm/watch);
  - Distinguish different types of anchors and their characteristics.

## Handling the dinghy.

- ✦ Can:
  - Inflate dinghy, take it off the deck and put it back on the deck;
  - Secure the dinghy to the yachts;
  - Paddle;
  - Secure the dinghy on the deck of the yacht;
  - Install the outboard engine on the yacht (for storage) and on the dinghy (for work);
  - Connect the fuel system to the outboard engine;
  - Start and switch off the outboard engine.

## Safety.

- ✦ Can:
  - Perform the safety briefing;



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- Under deck:
  - ⌣ Gas system;
  - ⌣ Toilet operation;
  - ⌣ Fire fighting equipment;
  - ⌣ Water supply system;
  - ⌣ Electric system.
- On deck:
  - ⌣ How to move on deck;
  - ⌣ How to apply personal safety equipment (harness, jackstay, etc.);
  - ⌣ Apply distress signaling equipment (pyrotechnics, flags, etc.);
  - ⌣ Liferaft;
  - ⌣ Different methods to send distress signal;
  - ⌣ Make a distress call with help of VHF;
  - ⌣ Knows procedures to be applied in restricted visibility;
  - ⌣ Basic knowledge about SAR procedures (RIB, helicopter);
  - ⌣ First Aid Kit (location and content).

## Handling yacht under power.

- ⌣ Can:
  - Manouever a yacht under power;
  - Approach a MOB;
  - Take a berth/leave a berth (longside, stern-to, bow-to);
  - Weigh anchor.

## International Rules for Preventing Collisions at Sea

- ⌣ Knows the navigation shapes and lights:
  - Vessel not under command;
  - Vessel restricted in ability to manouever;
  - Vessel engaged in fishing;
  - Vessel aground;
  - Pitol vessel;
  - Towing set
  - Sailing yacht;
  - Power driven vessel;
- ⌣ Knows the vessels' priority at sea;
- ⌣ Knows how to proceed in a „close encounter” situation;
- ⌣ Is familiar and complies with the requiremet for continues observation;
- ⌣ Is familiar with other legal obligations of a skipper and crew;
- ⌣ Is familiar with and understands after-collision rules applicable at sea.

## Navigational Aids

- ⌣ Knows, understands and is able to recognize latteral and smaller channel marks at day time in system IALA A and B;
- ⌣ Knows, understands and is able to recognize cardinal marks and other navigational marks (safe water mark, isolated danger mark) at day time;



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- ↗ Is able to use the list of marks and symbols used on charts (eg. Chart 5011);
- ↗ Is able to apply navigational publications when planning a port's entry (pilot books, almanachs, navigational plans);
- ↗ Knows and can recognize light characteristics of Lighthouses/navigational marks.

## Terrestrial navigation

- ↗ Knows and understands the basic terms from geography:
  - Latitude;
  - Longitude;
  - Magnetic pole;
  - Geographic pole;
  - Earth's magnetic field;
- ↗ Knows the basic types of sea charts, their construction and application:
  - Mercator's projection chart (how is it constructed, spreading of parallels, construction parallel)
  - Passage charts, coastal charts, plans;
- ↗ Can read elementary information from a chart that is crucial for safe sailing:
  - Depths;
  - Distance;
  - Navigational obstacles
  - Navigational marks;
- ↗ Can read charts/ plot latitude and longitude;
- ↗ Knows and understands the phenomenon of Earth's magnetism, variation and deviation;
- ↗ Can use a compass;
- ↗ Can calculate, set, read and plot courses on a chart with respect of variation, deviation and leeway;
- ↗ Can plot yacht's position using bearing lines;
- ↗ Can plot yacht's position using the maintained course, distance ran and estimated leeway;
- ↗ Can make use of various bearing lines;
- ↗ Has general information about tides and tide-related dangers.

## Electronic-based navigation

- ↗ Knows how the GPS system works;
- ↗ Can enable and check the elementary settings of GPS and plotter;
- ↗ Can set and read adequate course on GPS;
- ↗ Can plot a position on a chart taken from a GPS;
- ↗ Knows what is AIS, ARPA, VTS.

## Meteorology

- ↗ Knows the Beaufort scale and its meaning for small craft;
- ↗ Knows sources of meteorological information and how to use them;
- ↗ Has the basic knowledge about high, low pressure areas, fronts;
- ↗ Can recognize cumulonimbus clouds;
- ↗ Understands meteorological messages (including those broadcast by radio coastal stations)
- ↗ Can take meteorological factors into consideration when planning a passage in a coastal zone;
- ↗ Has the habit not to leave harbour without valid weather forecast.



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## **Other**

- ⋄ Environmental friendly approach and respect to other yachtsmen and women;
- ⋄ Knows and applies basic pro-environmental rules;
- ⋄ Knows and applies social friendly approach at sea and in harbour.