## ASSESSMENT CRITERIA FOR ISSA DINGHY LEVEL 1

- 1. Can sail a dinghy, without an instructor, in light winds.
- 2. Knows the Collision Regulations.
- 3. Wears appropriate clothing and buoyancy.
- 4. Can rig, reef, and launch a dinghy.
- 5. Can balance the boat, a) using body weight b) using the sheet.
- 6. Can identify reaching, can turn, and 'slalom' back to departure point.
- 7. On a reach, can accelerate and decelerate with the sheet only.
- 8. Can accelerate and decelerate with the tiller, trimming sails appropriately.
- 9. Can sail close-hauled, and tack.
- 10. Running: can balance the boat using the tiller, and can gybe.
- 11. Can stop the boat on a reach, close-hauled, and from a run.
- 12. Can prepare for towing.
- 13. Can recover a capsized dinghy.
- 14. Can tie a figure of eight knot, and a round turn & two half hitches.
- 15. Knows about weather forecasts, and sail aerodynamics.

## ASSESSMENT CRITERIA FOR ISSA DINGHY LEVEL 2

- 1. Can plane a dinghy, in moderate wind and wave conditions.
- 2. On a run, can maintain a constant angle of heel without body movement, spinnaker (optional) correctly trimmed.
- 3. Can reach with a constant angle of heel.
- 4. Can trapeze and hike smoothly.
- 5. Can stop, reverse 2 boat lengths, and re-start on a pre-determined tack.

- 6. Can tack and replicate trim and heel.
- 7. Can gybe reach to reach with spinnaker (optional)
- 8. Can beat within a corridor.
- 9. Can tie a bowline and heat seal rope ends.
- 10. Can recover an inverted dinghy.
- 11. Can release a trapeze harness
- 12. Can reduce sail afloat.
- 13. Can interpret weather forecasts.
- 14. Knows about, points of sailing, buoyage, lee shores, tides, overhead power lines, anchors, boat maintenance.
- 15. Plus level 1 criteria

## ASSESSMENT CRITERIA FOR ISSA DINGHY LEVEL 3

- 1. Can plane a dinghy in strong wind conditions.
- 2. Can tune a dinghy, centreboard, mast rake, vang,

Cunningham, outhaul, barber haulers.

- 3. Can roll tack and gybe
- 4. Can sail backwards.
- 5. Can sail without a rudder.
- 6. Can detect wind shifts.
- 7. Can mark round accurately.
- 8. Able to start at correct end of line.
- 9. Can cover and lee bow another dinghy
- 10. Can determine local weather patterns and wind strategy.
- 11. Knows Sailing Instructions, and the Racing Rules of Sailing.
- 12. Plus levels 1 & 2 criteria